

Date of Birth:- 30/08/1964.

Deepa J. Chhatwani

Date of Re-birth- 04/08/2011.

Ulcerative
Colitis

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Since 2008.

The Second lease of life.

Hi! Don't be surprised by the header on this page. They are very true and today as I am sitting here and writing this, you can be very sure, as to what I mean, when I say this. My first doctor, who gave me the first lease of my life, in fact who brought ^{me} to life was the one (Sorry, I don't remember her name), when I was born. Then, it was normal, routine ^{life} for me, till the year 2008, when I was diagnosed with ulcerative colitis (ulcers in the intestines). What followed next was a series of tests, hospitalizations and allopathic medicines. There was a time when I was using the washroom uncountable number of times, taking 9 mesacols a day, thereby gaining weight at an alarming rate. Not only this, but I was told by my doctor that I had to learn to live with my disease and that mesacol was my companion for this life time. I had also developed Glaucoma along the way, thereby suffering frequent headaches. I was sick of my sickness, when one of my relatives told me to try homeopathy for my problem in 2009. She even suggested me a homeopath for the same. I followed this doctor diligently, giving up nearly all the food, as I had to follow a strict diet. He even asked to give up tea (I was a tea-addict till then). On my very first visit to his clinic, he gave me a detailed description of, about the way my disease would progress and how would I end up, if I didn't follow his diet and medicines. Describing the entire procedure itself is scary, but still I will share it with everyone. He went on to tell me that after some time, I would be too weak to walk up to the washroom (because I would be completely bed-ridden) and vomit faeces (stools) from my mouth.

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and within next six months, develop colon cancer and finally a painful end; because colon cancer is incurable till date. I followed his medication and diet diligently, literally starving myself, just to be cured of my sickness. But, one day, to my horror, when I called him, asking for a pain killer, as I was in acute pain, he bluntly replied me that it was my problem and that he could do nothing beyond to what he was doing for me that time. That is when, I thought of approaching Dr. Mehra. One of my best friends had told me about him, when I was under the medication of this other doctor. I went to Dr. Mehra's clinic, just thinking, that I had nothing to lose and everything to gain, if I followed the doctor's instructions, because I had already lost the will to live due to my acute sickness - I had heard many things about the doctor, some good, some not so good, but as every coin has two sides, I thought of neglecting the negatives and a look for the positives. After meeting the doctor and a brief chat with him, I was very sure that he would cure me; because I not only found him blunt and firm on one hand, but also sincere and dedicated on the other who would go to any lengths to cure the patient, provided the patient wants to be cured. He and his staff are very co-operative and always contactable, either through phone call or S.M.S. The doctor makes it sure to provide us the stock medicine, which can be used at the time of emergency, without having to run to his clinic, but only by sending him an urgent message or making him a phone call. As in regards of the fees, I find the fee structure very reasonable, in spite of being on monthly basis, we have

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not to worry about the consulting or the follow-up fees, which we normally pay, while visiting other doctors. I personally feel that any amount of money paid to regain our health back is worth every penny spent on ourselves. Now I am on my path of recovery and very sure that I will be cured of my Sickness very soon.

Last, but not the least, my personal opinion is that success in any field (here, it is health) is a lock and keys to open this lock are:-

- A- ATTITUDE - Have a positive attitude.
- B- BELIEF - Believe in yourself that you will be cured.
- C- COMMITMENT - Be committed to do whatever it takes to be healthy.
- D- DETERMINATION - Be determined to follow the doctor.
- E- EFFORTS - Put in more than 100% efforts.
- F- FAITH - Have faith in the doctor and your own self.
- G- GOAL - Achieve your goal of being cured of your disease.

LIVE A HAPPY AND A HEALTHY LIFE.

[Thank you! DOCTOR.. for giving me a new life.]

Dr. Khatri

11/04/2013.